

VOL:05, ISSUE:3
JAN15, FEB15, 2022

TO RISE ABOVE THE TIDE

Informal

EDUCATIONAL MAGAZINE

“The new year stands before us, like a chapter in a book, waiting to be written. —Melody Beattie”





FASTA

QUICK AND TASTY

**CHATT PAT
FATTA FAT!**



iNSTANT PASTA

READY in
minutes



منٹوں میں تیار

CONTENTS

Jan + Feb 15

Editorial Note	04
Letter to Editor	05
SCIENCE FUSE	
Magical thinking as the main reason for distrust of science	06
TELL ME WHY	
Knowledge and skills required by a programmer	07
TECHNOLOGY	
Google AdWords Basic Courses	08
RESEARCH	
Whether education can change society?	10
ARTICLE	
How to do a MASTER'S DEGREE without university studies	11
WISE ADVICE	
Useful tips for a teacher who changes schools	12
COVER STORY	
Personalization of education - how to achieve success in education	14
HEALTH	
The brain as flexible dough: how to develop a child's neuroplasticity	16
IDEAS	
5 strategies for the development of critical thinking	18
EVENTS	
"Annual Sports Day at Pak-Turk Maarif international schools and colleges-Rawalpindi Campus"	19
Middle School Bilingual Declamation Contest 2021	20
Annual Result Day celebrations at LAPS	21
Print Pals: Then and Now	22



SHAHSONS



GRIP

PICASSO®

www.shahsons.com

Editorial NOTE

Education in every sense is one of the fundamental factors of development. No country can achieve sustainable economic development without substantial investment in human capital. Education enriches people's understanding of themselves and world. It improves the quality of their lives and leads to broad social benefits to individuals and society. Education raises people's productivity and creativity and promotes entrepreneurship and technological advances. In addition it plays a very crucial role in securing economic and social progress and improving income distribution.

The education plays a great role in developing country in every field. It plays like a model role in the development of one country if the people of a country are educated then they can easily help them in development. Education is a basic necessity for any country's development and helps us in teaching that how we can improve the culture of peace.

In the earlier stages the peoples are talented, so that they invent many ideas and think much more but due to lack of education they can't prove them much more. At that time they have no laboratories in which they can prove their ideas. But now the world which is developing are using their ideas and thinking. It is due to education that they are developed so that they can prove the thinking of past scientists.

Education is the driving force for the national development and economic growth are very strongly depends on the education and these both are playing great role in developing a country. The nations are built by education economic growth can be increased, if the peoples of a country are educated they can easily grow up the national economy because then they can better know the economic principles and rules and can think about them easily if they are educated.

Farooq Ahmad Malik
(Editor-In-Chief)

Jan15-FEB15 2022



Farooq Ahmad Malik
(Editor-In-Chief)

Rana Umar Farooq
(Deputy Editor)

Talal Ishafaq
(Manager Marketing) + 92 331 921 1111

Farhan Waqar
(Marketing Executive) + 92 308 445 5333

M. Naeem Mughal
(Sr. Graphic Designer)

Saima Yousafi
(Administration Manager)

Muhammad Kamran
Media Sales Representative (South)
Email: syed.kamran@informal.pk
Cell: +92 346 120 9991

Legal Advisor: M . Arif Parvez Butt
(Advocate High Court Lahore)

Office: Munawar Chambers Office No-6,
Mozang Road, Lahore. Ph: 042-37350442

Head Office: House No # 182 Block No 14-B1
Town Ship - Lahore. Ph: + 92 331 921 1111
Email: informal.pk@gmail.com | www.informal.pk

Rawalpindi Office: CreativeZone, Office#2, O/59,
Circular Road, Rawalpindi. 0333-811 5798

Printed at: Hasnain Ilyas Printers
House#1 Basement Aslam Arcade,
16 Macload Road Lahore. (PCPB / 174-1)

Publisher: Waseem Ahmed **Rs. 150/-**

Please send us your article, stories, events,
pictures to publish in Informal Magazine at
informal.pk@gmail.com

Letter to the editor

Your magazine did highlighted a very common issue which our schools are facing day today, which is the "lack of security", as majority of the schools still have inadequate security measures taken by the administration for the safety of a school. The safety of a school is not just important for the students, but it is also important for teachers and parents as well.

Munazzam Khalid

It's been a brilliant experience to read your last month's magazine. You were able to highlight some of the most important concerns which are important to be processed in the field of education. I think if you guys keep on doing a job like this, then soon our society will change the way it looks and deals the issue of our education system.

Hamza Asif

Your magazine is doing a tremendous job, by giving useful information in one publication. The thing I liked the most about this magazine is, your selection of topics. I personally like the "Wise Advice" section, which I read when I'm looking for some serious matter to penetrate into my soul.

Maheen Saleem

I really enjoy reading your magazine and the section which I liked the most was the 'Tell Me Why' section, in which you write about various interesting and informative topics. It's always good to read your magazine; you guys are also promoting a good image of Pakistan along with other academic writings.

Saad Junaid

The story I liked the most was the cover story of this month, which showed a true side of the education system of Pakistan and the ailing condition of schools due to lack of security measures taken by the administration of schools. Schools should also take-up this issue and come-up with some quick solution to it, as the future of our students and teachers is at stake.

Arslan Ali

Your magazine has a good composition of interesting and informative content along with a wide range of topics. I would like to make a request to write something about the process of this our brain carries out the process if memorization. Generally, we don't notice this process, so I think it will be better to write something related to this topic.

Farwah Ch

It is a magnificent experience to read your magazine; it is perfect for students particularly. Cover story and Wise Advice are my most favorite in the magazine of every month. By reading these, I get to know about some outside the box information which helps me through my information seeking procession.

Ahmad Waseem

I would like to say that your magazine is very informative and at the same time it is very interesting. I like all of your content of all the sections and your selection of matter is always unique. I especially like the news sections, which includes the segments of National and Internal News. The information which I get from your magazine really helps me to learn and increase my level of knowledge.

Wajahat Shahzad

Write us at informal.pk@gmail.com

We received too many letters from our valued readers every month through mail and e-mail, however, due to shortage of space we are publishing only few selected letters.

Magical thinking as the main reason for distrust of science

How do we know that the world is arranged exactly as we think? Imagine that you are walking in the evening with an acquaintance and say: "It is wonderful that our planet has such a satellite - the Moon. Thanks to him, according to some hypotheses, there may be life on land. Then your friend says that he is a supporter of the theory that the moon is made of green cheese. This discussion continues: everyone argues in favor of their own hypothesis.

Do you know what you can call the pseudo-facts of the interlocutor? Magical thinking "Development of critical, logical and creative thinking".

What causes magical thinking? The desire to get a quick, not burdened with complicated details, the answer. This is a non-scientific way to put the world in order and reduce your anxiety.

- We are looking for patterns everywhere (visual, sound, etc.)
- We spiritualize everything (attribute extraordinary abilities to people, objects, or phenomena).

Magical thinking is natural to man, but skepticism (critical thinking) is not. This means that society intuitively lives in a world that does not consist of objective

laws of physics, quantum mechanics, biochemistry, biophysics, and so on. We live in a world where all living beings and even objects have some will, mind and purpose. How does this manifest itself?

1. The magic of contact. People are accustomed to believing that amulets, charms and red thread have a certain magical effect on life and destiny. Another example is that the community is convinced that the "money tree" brings money.

2. Transmissible magic. For example, people believe that a voodoo doll can really hurt someone if you stick needles in it.

3. Contagious magic. People avoid contact with "contaminated" objects or people who are considered "contaminated / bad". Society is accustomed to seeking contact with things or people who are considered "good."

4. Apophenia. The tendency manifested in people's tendency to see relationships and structure in random or meaningless data. For example, people in the clouds see images of animals, people or certain objects.

5. Animism. Giving objects, natural phenomena, animals or people a soul / spirit to explain their actions or behavior. For example, the funeral cult and

the development of beliefs in the afterlife.

6. The magic of chance.

Random events are perceived as natural: tossing coins, predicting fortune tellers or something.

7. Belief in a just world. It is about believing that our world is rational, just and natural, and that our every action affects the consequences. For example, if something bad happens to a person, it is a "punishment" for certain actions.

8. Prejudice. Prejudice, which is that an individual believes in unknown forces that can predict events or even influence them. For example, look in the mirror when you return home; greet or pass something across the threshold; broken plate - fortunately.

9. Barnum effect. People try to explain meaningless information for real reasons. For example, astrology, divination, palmistry, aura reading.

In fact, there are many things to which humanity does not yet know the exact answer: the work of human consciousness, dark energy, the origin of life on Earth, dark matter and more. If society does not know something, it does not mean that it should be attributed some magical properties. In order to avoid delusion, make causal connections.



SHAHSONS



PICASSO[®] ORIA

www.shahsons.com



Knowledge and skills required by a programmer

In most cases, a programmer needs a computer and the Internet to work. And that's all. In addition, many already have a computer and Internet access.

These are not pilots who need a whole plane to train. Due to such small requirements, many learn programming on their own and can try this lesson without assistance. The basics of computer science are now taught in schools, so a minimum idea of the profession should be for everyone.

Without English here in any way. It will have to be taught, mostly on translation from a letter. The ability to write is not so important, the ability to speak and understand by ear - does not matter (it is, of course, useful, but not for programming). If after school you have the impression that it is enough to remember the translations of several commands Basic and Pascal, then you are wrong: programmers have to read a lot of technical documentation in English and at high speed.

It may seem that a programmer needs to be well versed in mathematics. That's right, but the math here is quite specific. It very much depends on the area in which you will work.

How complex math you need depends on the area in which you have to work. The fact is that only at the very beginning of programming was engaged in computational problems and only them. In most current programs, calculations are performed at the level of four arithmetic operations, as the tasks have changed.

Sociability

Some modern films may give the impression that a programmer may be a kind of "crazy genius" who shies away from people who look like a sick monkey, but his superiors still appreciate him for magically breaking any defenses quickly.

It happens that very popular and very good programs are written by single enthusiasts. And well-paid programs are always done in a team.

You have to get along with the boss, who understands something in the work of a programmer, and may not understand anything. You will have to argue with the authorities, but very correctly (after all, the authorities) - or you may be asked to make a perpetual motion machine or something like that in a week, and then be punished for non-compliance. It is necessary

to explain politely that before the eternal engine it is necessary to wait while Microsoft will not let out the necessary drivers (it is better not to say that it is impossible), and here to prolong service life of the existing "engine" it is possible to try.

In addition, you have to constantly argue with colleagues. At the same time, you will have to prove yourself right - regularly, sometimes for a long time and always patiently. The meaning of all disputes is to find the optimal solution to any technical problem.

Optimal - in the technical sense, in terms of cost and time, and not in "who is to blame" or "who is more important."

Retraining

The programmer has to relearn very often and a lot. Sometimes you have to learn what you don't like. At the work of a programmer you have to learn literally every day. The fact is that all the necessary knowledge simply does not fit into one head - so you have to add this knowledge as needed, and much of the old - to forget. Suffice it to say one thing: if you hope that "unlearn at school, unlearn at the institute, and then I will work" (rather than study), then you hope in vain: then you will work and study.



Google AdWords

BASIC COURSES

Google AdWords is your perfect choice!

This course is designed to study the contextual advertising service in the Google search engine. It is offered to those who want to promote contextual advertising professionally and effectively. The service has a user-friendly interface, many tools that allow you to create effective advertising messages. After completing the AdWords courses in our Learning Center, you will learn how to create online campaigns according to the required keywords on certain topics, and there will be many tricks and chips in your arsenal that will simplify the work in the future. Online campaigns that are compiled competently and with knowledge of all the intricacies will bring you a large amount of targeted traffic, which, in turn, will provide a significant increase in demand for certain services or products that you are trying to sell or advertise on your site. Of course, if you use Google AdWords correctly, you can quickly move the site you are interested in to the top, thus increasing the amount of traffic and the success of the site as a whole.

The main purpose of educating students is to attract customers through contextual advertising created in Google AdWords, give vivid examples, help set up your own advertising (if any), increase its effectiveness and profitability. If you are interested in promoting the site by other effective methods, then we can offer practical SEO courses - in more detail.

Set up Google AdWords ads to

appear on search results or on Google partner sites, and track visits and conversions in your current advertising campaign results. You will learn how to set up contextual mobile ads, what budget to invest in a campaign to increase traffic to your site, and how to use targeting to effectively influence your target audience in a hands-on promotion course.

What are the courses at the Training Center can help you?

First of all, everyone can afford to study, because our team has prepared a favorable price list for its customers;

You can spend a minimum of your time, but get the most useful data;

Only experienced specialists;

Flexibility of the schedule, which is formed by the hands of the student;

Opportunity to study on weekends;

Classes in groups of 2-3 people or individual training;

Warm friendly atmosphere;

An open conversation between the mentor and his ward;

Provide a document confirming completion of Google AdWords courses in the Center.

Knowledge is our treasure! And with the Learning Center you can become much richer!

Google AdWords courses help you:

- Explore all the possibilities and techniques of contextual advertising on the Internet;
- Create effective Google

AdWords advertising yourself;

- Learn the intricacies and secrets of a successful online advertising campaign;

- Easily increase the number of customers and the financial impact of investing in Google AdWords.

Google AdWords Basic Course Program:

The purpose of the advertising campaign.

Winning online earning strategies.

Varieties of contextual advertising. VTS and pricing principles.

Payment methods.

Message groups.

Create your own Google AdWords account.

Well-thought-out creation and configuration of advertising campaigns.

Account structure.

Successful places for effective advertising.

Compose effective ads.

Types of keywords.

Which words work best?

The most common mistakes.

Landing page selection.

Choose the right keywords in the Google Keywords Tool.

What rates are most effective?

Bid management.

Diagnosis of problems and their solutions.

What if the ads are not visible?

Methods to reduce the cost of one click.

How to reduce costs and increase revenue.



SHAHSONS



SHINE

PICASSO®

www.shahsons.com



First Aid Training Session Proposal

Overview

LAPS (London Academic Plan School) Feels Immense Pleasure in introducing First Aid Training Sessions from a training Institute This session enables the staff to deal with:

- ☞ Short Circuits Situations
- ☞ Fractures
- ☞ Wounds
- ☞ Bleedings
- ☞ Heart Problems
- ☞ Chockings
- ☞ Suffocations
- ☞ Burns



Specifications

We have **Dr. Ibraheem Rafaay** with us, who is district First Aid officer Punjab from Red Crescent Society. He gives First Aid Training sessions to staff members of different organizations. Session of 3 hrs fully equips the staff to deal with emergency situations that can happen in a work place or at home.

Importance

The HR polices of all multi national organizations have made a compulsion that their employees should be equipped with First Aid Training.

Package details: In One session we prefer to conduct workshops at your place with strength of 25/30 persons. Training Fee per participant is Rs. 1500/-. Certificates will be provided to all the participants. Company will be given a certificate on our letter head for getting this training conducted.

We would appreciate your positive response to our proposal.

Best Regards
Dr. Asma Asif
System Coordinator
+92 322 222 8947

WHETHER EDUCATION can change society?



MARKER

PICASSO®

www.shahsons.com

Education is an instrument for transforming society. That is, we believe that the children who are currently being educated will be the ones who will give a new shape to society in the future. But there are issues of concern in education when teachers do not know how to transform classroom knowledge into other more practical and real contexts or how to relate school and society so that students are critical. Because it is no longer a matter of creating a more practical, experimental, real education,... so that children go to school more motivated and eager to learn, but to create a relationship between society and learning.

So the education we have, from my point of view, is not a transformative education. there is a hierarchy and that makes people have to take on roles to use them in the world of work. So, for it to be a transformative education we need new mental, emotional and attitudinal tools that are more necessary and appropriate to human needs.

Obviously, we no longer live in a time when education was pure theory and nothing practical; the way students learn has changed and it is due to new technology, to the revelation of students that as Paul Wills says, it has good things like creativity but also bad things like the result of revelation, and new knowledge. Knowledge that everyone has or rather everyone with a little privilege may come to have, therefore, not everyone will have the same knowledge. These can be stimulated and used by anyone.

In addition, we know that schools were constructions of any material according to the communities and the place where they were built and that continues to happen. On the other hand, we can see a great evolution in terms of teachers, that is, before, teachers had no education, and therefore what they taught was the most basic. They currently have studies, and therefore no longer teach only the basics.

Another factor that we can see that has evolved but is not enough is that not everyone can afford to pay for studies because of social differences (social classes). Then, says from a functionalist approach in which he justifies social inequalities and focuses the problem of social inequality on the individual. And he also says that educators should be politically neutral, thinking in my favor. With the evidence of inequalities

I understand that those who benefit from education are the people with power and capital and the state. Also, as Bernstein says, lower-class children, particularly those who belong to minority groups, develop ways of speaking and acting that clash with those that dominate school. The school imposes rules of discipline on students and the authority of teachers is oriented towards academic learning. Upon entering school, working-class children experience a much

greater shock than children from more privileged families.

Social positions depend on merit and qualification, called meritocracy. Meritocracy creates an extension of equal opportunity. But this equality of opportunity makes a difference in achievement. But

As I mentioned earlier, social positions depend on merit and qualification. Then, referring to this qualification believe that there are two networks one for working class people where people have less education, and therefore it is less qualified and the other network for middle class people and high, which have been able to afford some studies, and are therefore more qualified.

From before, we know that boys and girls were not treated the same way (by that I do not mean that now they are treated the same way). The children were separated according to their gender, which may be a consequence of religion, culture, social classes, and so on, there are two "devices" one, the repressive one, which would be the police, the laws, etc. and the other would be the ideological one which would be religion, social classes, etc.

"A man without education is like a building without foundation"





SHAHSONS

Goldfish

Goldfish

Goldfish

Goldfish

Goldfish

How to do a MASTER'S DEGREE without university studies

If you have been working in the same sector for a while and you feel that you are capable of developing like a fish in water in this ... you can now update your knowledge through a master's degree without having university studies.

However, you are surely wondering how you can do a master's degree without having completed a degree at the university. Do not miss the following lines in which we offer you the answer that you are looking for so much.

What are the requirements to do a master's degree?

Many people like you have a preconceived idea of specialization through a master's degree since, in effect, it is about high-level academic studies that award a master's degree in a discipline.

But what if you know the sector where you work more than yourself? As the saying goes: "experience is the mother of science" and perhaps yours is totally valid to start your academic path like any recent university graduate.

For this reason, the requirements to access a master's degree are much more than having completed a bachelor's or university degree. Read on to discover them:

- Pre-registration or access application, perhaps one of the

bureaucratic parts of the registration process, in which you will have to deliver the necessary documents required by the institution and even a letter of recommendation.

- Level of languages, especially English, which is the second most widely requested language in graduate and business schools.
- GMAT (Graduate Management Admission Test), an ability test that relates verbal and numerical information and is carried out in English.
- Demonstrable experience in the sector, especially in some types of master's degrees such as MBAs, which require between one and five years.
- University degree, which is not essential in many cases where work experience can replace it.

Here you can check the requirements to study a master's degree in psychology, education, social education and social work.

How long does it take to do a master's degree?

With somewhat more open smudges, this is another of the relevant questions that will cross your mind during your decision process. Above all, by combining work and personal life with this training.

Both the official master's degrees and their own, meticulously distributed over 60 university credits, usually last

about a year. However, in the case of private institutions, the duration will depend exclusively on it, depending on the modality, the possibility of carrying out an internship (compulsory or not), etc.

For this reason, specialization through other qualifications such as university experts or specialists is the order of the day and, of course, also at your disposal, taking up less time than specialization through a master's degree.

How much does it cost to do a master's degree?

Surely this question is of vital importance to you. And it is that, the price of the training depends entirely on:

- The institution where you do it.
- The current demand of the labor market in relation to this training.
- Your economic, personal or work situation to obtain scholarships and official or own discounts.

If you are interested in postgraduate training in the fields of psychology, education or social work, you can consult it here.

As you can see, there is more to life than accessing a master's degree through a university degree. For this reason, we recommend that you explore all the possibilities to find the one most related to you. You dare?

ERASER

Goldfish®

www.shahsons.com

Useful tips for a teacher who changes schools

Summer is a time for decisive steps, which the teacher has been considering for a long time! The educator of the beginning of the third millennium seeks development and changes in his career realities. After all, a new experience is always cool.

Going on a difficult but exciting journey to meet the child's soul, the teacher takes with him responsibility, self-confidence, erudition, humanism and endless faith in human potential! But what are the first steps a teacher will take in a new place?

How to set up for an interview?

First and foremost - be interested and choose! Prescribe the criteria for choosing an educational institution and ask questions at the interview. Learn about staff turnover. How many teachers have changed in the last year? None of the answers are 100% positive or negative - it all depends on your goal. Someone is looking for a school that will stay forever, others are set up for a variety of experiences! Not all educational institutions are organized in the same way, so even if you had a negative previous experience - with reasonable actions this time it will not happen again!

Warned - means armed. Predict what you will be asked!

1. What are your strengths? Give specific examples of how your strengths have paid off.
2. What are your disadvantages? The question is difficult, but necessary. Let the school management know that you are aware of your own shortcomings and intend to improve. Find a way to turn weakness into a goal for your own growth.
3. Have the strength to be honest; don't come up with answers like "too responsible" or "I love school more than life."
4. Be prepared to "illustrate" the answers with concrete examples from your own practice.
5. How did you cope with a

student who...? This question can have several options for continuation. The management may ask about the way you manage the class, how you reacted to particularly conflicted students, and so on.

6. How would you react to parents who...? In this way, you can learn how you communicate with students' parents, how you solve problems.
7. Why did you decide to become a teacher? Prepare a short answer that will explain not only how you want to change the lives of students, but also how your life is enriched by teaching.
8. How do you motivate yourself and your students, what do you do to develop their independence? Also describe how you create a student-centered atmosphere in the classroom that inspires creativity, passion, and goal fulfillment.
9. How do you teach 21st century children? How do you integrate computer technology? Be prepared to talk about how you form shared values, encourage critical thinking, creativity, and develop children's communication skills.
10. How do you plan your professional development and what areas would you choose for personal growth? You can read books and blogs, watch videos on

the Internet, subscribe to magazines, attend conferences and seminars, be a member of the Society of Educators in your field. Be prepared to talk about the specific resources you use to keep your focus on educational trends. When discussing your personal growth, explain ways to further expand your effectiveness and do not refer to teaching your "weaknesses".

Adaptation in the workplace

We hope that the school of your dreams has been found! You liked everything on the acquaintance with the management; you have a baggage of forces and a trailer of inspiration! Let's go directly to work!

E. Chapman in his book "Your first 30 days (Creating the image of a professional in a new job)" provides useful explanations for the first period of adaptation. This book contains tips for people of all professions, but we have adapted these recommendations to the work of a teacher.

1. Focus on your own goals and reward yourself with every little achievement. What teacher traits do you consider a role model for yourself? A fixed personal vision will be your guide and will help you not to lose passion in difficult times. Also at the new job during the first month it is important to plan the stages of adaptation every week. On Friday, summarize



SHAHSONS
 PICASSO®
 PERMANENT MARKER
 MARKER
 PICASSO®
 www.shahsons.com



SCHOOL CRAFTS

FOR SCHOOLS AND PARKS

NATIVE GROUP

www.schoolcrafts.com.pk



- ★ **Montessori Furniture / Montessori Material**
- ★ **School Furniture - Educational Toys**
- ★ **Indoor Soft Play / Outdoor Play Equipment**



FACTORY / DISPLAY CENTRE LAHORE

Plot No. 283 Opposite Kot Lakpath Railway Station, Peco Road, Near Naeem Electronics, Lahore, Pakistan. Cell # 0300-9488890

DISPLAY CENTRE RAWALPINDI

Plot # 851 A-1, Near Signal Army Unit, Main Peshawar Road, Opp Chure Depo, Rawalpindi Cantt, Pakistan. 0309-9488890

Recently, there has been a lot of debate about what a modern school should be like. We already have interactive boards, tablets, modern teaching methods, e-textbooks, and rich resource databases available on-line. However, there is still a feeling of being unsatisfied, as if something is still missing ... More and more often, the need to personalize education is emphasized, that is, to approach different learning styles with respect. Today we know that not everyone is able to learn in the conditions traditionally associated with school.

It turns out that our own learning "menu" is already coded at the neurological level. It is a biological software that defines the context, i.e. individual preferences in the field of receiving and processing information. This means that in order to increase the effectiveness of Students' learning and to improve the quality of teaching in school, we must not treat everyone the same way.

Everyone should learn the best way of learning for them and their own limitations in this regard (i.e. what they don't like, what they avoid and what motivates them). Thanks to this, by learning, you can have a real impact on the independent organization of this process and increase your own efficiency. This allows you to learn faster, more permanently and almost stress-free.

In today's world, learning is one of the key skills. Accelerating the

development of civilization requires continuous learning throughout our lives. The European Union classified this skill to eight Key Competences, which were included in the educational documents of European countries. Knowing your own learning style should be even more important than knowing the multiplication table.

How do we know this?

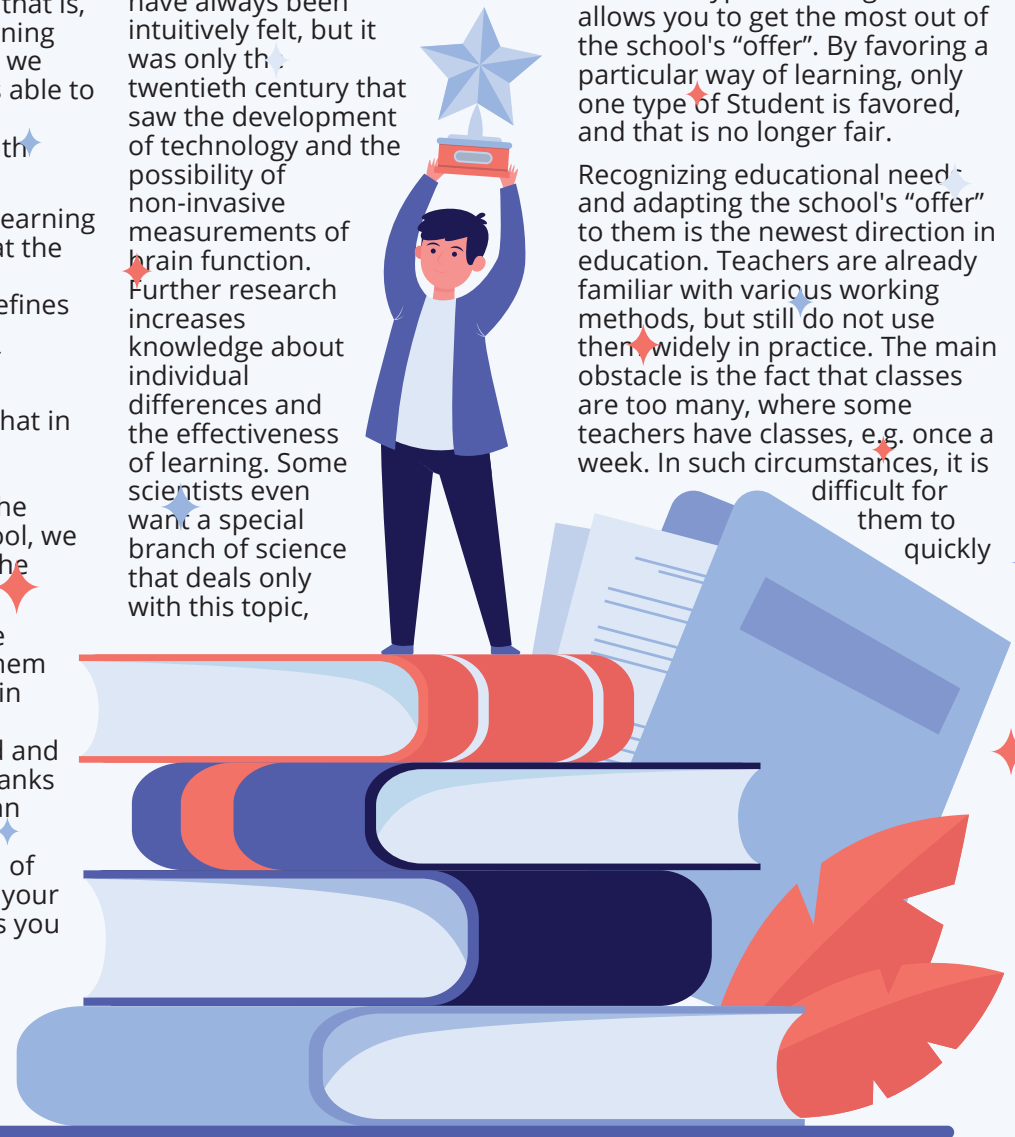
Differences in the way of learning have always been intuitively felt, but it was only the twentieth century that saw the development of technology and the possibility of non-invasive measurements of brain function. Further research increases knowledge about individual differences and the effectiveness of learning. Some scientists even want a special branch of science that deals only with this topic,

which shows how important this issue is.

Theory of Multiple Intelligence, recognized as the greatest discovery in the humanities of the twentieth century. Gardner recognized that education should be personalized. The school must focus on the individual, on his or her specific needs and requirements. Although a unified type of learning is associated with justice, not all of them have the same type of intelligence that allows you to get the most out of the school's "offer". By favoring a particular way of learning, only one type of Student is favored, and that is no longer fair.

Recognizing educational needs and adapting the school's "offer" to them is the newest direction in education. Teachers are already familiar with various working methods, but still do not use them widely in practice. The main obstacle is the fact that classes are too many, where some teachers have classes, e.g. once a week. In such circumstances, it is

difficult for them to quickly



Personalization of education-how to achieve success in education

A GOOD EDUCATION IS A FOUNDATION FOR A BETTER FUTURE.

~ Elizabeth Warren ~

recognize the needs of all Learners regarding their learning style. In view of the constant lack of time, is it worth dealing with the issue of reconciling such limitations with the necessity (or even a legal requirement) of individualization? If it is possible?

Why is it worth it?

However, the benefits are countless. Ideally, each Student is diagnosed with a learning style, including tips, a description of strengths, and a list of potential limitations and difficulties. Such knowledge gives teachers new opportunities to provide appropriate educational help or solve emerging problems. Going further, even more can be expected, e.g. better grades from Students, greater satisfaction with learning because they will understand more from the lesson, which in turn gives them a sense of success. Teachers who are motivated by willing to cooperate and curious about the topics of students can feel similar satisfaction. Parents too, having knowledge of the child's learning style, being able to properly support them at home. This creates a coherent school-home system.

Personalized reality

The world today is becoming more and more "tailor-made". Virtually every aspect of life is adapted to the User. Starting with food (for vegetarians, gluten-free, products enriched with

appropriate vitamins and minerals), through clothes (office style, casual, sports), to cars (family, women, businessmen, sports). These are just a few examples. Unified education, operating "blindly", without a diagnosis of the students' learning style, is an ordinary anachronism which, as the dominant method of working at school, should be included in ... the museum of "old educational practices".

Learning styles

Effective learning scientists and other practitioners of the subject believe that anything can be taught to anyone. You just need to choose the right tools. Simply put, personal learning styles depend on your dominant sense. So we can talk about visual learners, auditory learners, people with motor or emotional dominance. Each of them has their own favorite "channels" that make the content reach more efficiently and those that block the absorption of any information.

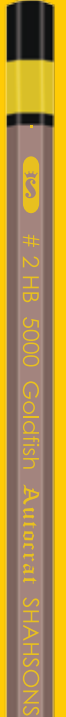
It seems that thanks to access to the Internet, everyone can learn their own way of learning. You can easily find psychological tests that assess the different parameters that make up the learning style. At the end there is a result with tips for use in your daily practice. However, such tests have drawbacks. Many of them are incomplete, and without due diligence. You need a

specialized program and tool for proper evaluation. The assessment of such an important issue should be done conscientiously and precisely.

Changes, changes, changes

Digital reality has shaped the habit of adjusting everything to personal preferences. Modern school cannot ignore this aspect. By being able to adapt education to your needs and interests, you can express yourself and your identity. Standardization and uniformity are giving way to a strong need for individualization. Effective learning today requires an individual perspective, and hence cultural and social changes. Mass education, based on the 19th-century factory model, does not fit in with today's world. It is more important to create an active need for lifelong learning, not only "for tests". The role of the school cannot be just to query the memorized content. Thanks to the knowledge of their own learning style, the Student-User will know how to achieve personal success.

When looking for ways to provide equal educational opportunities and increase the effects of education, you need to look for ways to personalize learning processes and provide each child with an equal start. To achieve this, start by diagnosing Learners' learning styles, adapt teaching methods to them and... expect success!



PENCIL

Goldfish®

www.shahsons.com

The brain as flexible dough how to develop a child's neuroplasticity

The brain is an extraordinary organ. It was he who helped homo sapiens evolve from ape-like relatives and learn to talk, and now it is thanks to him that scientists are trying to create artificial intelligence!

When we learn, we do not just gain new knowledge. During learning, new neural connections are formed in the brain, and when we repeat what we have learned, these connections are strengthened. That is, a change in the usual way of life and learning literally changes our brain. This is neuroplasticity! And if we want to learn more effectively, we must develop it.

Children have slightly more neural pathways (compared to adults), and therefore have more potential to learn something new. And teachers should take advantage of this, no wonder children are called "sponges" that "absorb" information every second!

What is the secret of the brain?

What makes our brain so special? Not the size? No. After all, in this case, the smartest in the world would be blue whales, sperm whales and elephants! And by no means people. Researchers note that cognitive abilities are not affected by the size of the brain, but by the ratio of its volume to the number of available neurons. They form new neural connections.

Neuroplasticity is the brain's ability to form new neural pathways, that is, connections between brain cells that help improve memory, develop cognitive abilities, and learn effectively.

Knowledge of neuroplasticity is an unsurpassed tool for teachers

that can be used in the educational process. And what exactly are the methods to implement in school? To do this, neuroscientists recommend using several techniques.

The concept of "growth thinking"

Growth thinking is based on the idea that success does not depend on innate qualities, but on acquired knowledge and skills. This concept was invented by Professor Carol Dweck.

Students with growth thinking are convinced that in order to become smarter, more experienced and more successful, you need to make regular efforts and work productively. And this is exactly what implies neuroplasticity!

How can the concept of growth thinking be used to develop children's neuroplasticity?

1. Praise students for their achievements, not innate qualities ("You worked so well on homework!" Instead of "You have a talent for math!");
2. Notice when the child tries and puts in more effort than usual ("You respond much better in class!").

Positive focus

By emphasizing students' accomplishments, you remove their focus from negative thoughts. After all, they also form the corresponding neural connections. So the next time a child finds himself in a similar situation, he will broadcast the same negative.

Work with children's negative attitudes, replacing them with positive ones:

- I can't do it - I'll do it because I've worked so hard;
- I'm not smart enough - I'm

smart, because I make an effort every day;

- Nothing can be changed - there are no hopeless situations;
- I will not achieve anything - I will achieve everything I want if I work and believe in the best.

Concentration - mindfulness

The direction of mindfulness meditation (awareness) is becoming increasingly popular in the world. It has been practiced for several years in such large companies as Google, Nike and Apple. This practice of concentration is taught even in the British Parliament! And this is not to mention the individual lessons in meditation, which are practiced by teachers from around the world.

Meditation involves the child's concentration on one thing, such as his own breathing. But you can focus even on the usual raisins! For example, children are given two raisins and offered to look at them carefully, feel them, bring them to the ear - and only then eat very slowly, feeling all the nuances of taste.

Meditation teaches quality rest: turn off devices, focus on one thing, be here and now, feel the moment. The absence of distractions already helps to relax. And it also develops neuroplasticity.

And the benefits of meditation do not end there! It relieves complex emotional states, anxiety, depression and more. Researchers at Oxford University have proven this by studying the condition of people who have been diagnosed with depression more than three times. The experiment found that depression was twice as common in those who practiced meditation.



amuseWORLD

PLAY. SMILE. EXPLORE

INDULGE YOUNG MINDS IN A CREATIVE PLAY AREA

We deal in constructing adventurous indoor and outdoor playgrounds/ play areas which are essential to help improve key development skills among children. Play areas can include jungle gyms, balls pits, trampolines and much more.

📍 65 Aurangzeb Block, Garden Town, Lahore

✉ info@amuseworld.com.pk

☎ +92 336 4777939

+92 321 4563604

5 STRATEGIES FOR THE DEVELOPMENT OF CRITICAL THINKING

Critical thinking is not just a new educational trend. This is a lifestyle, a skill of a modern person who strives to be active and successful. Do we want our students to be like that?

Of course, you use techniques to develop critical thinking in the classroom. Six hats, a fishbone, an aquarium, a poster of thoughts ... All of them help to make the lesson more interesting and teach students to understand the essence of things, rather than being content with superficial data. But is that enough? In fact, no. Students have a misconception that it is necessary to be critical of the information received only in certain situations, for example, only in class, and only when it is announced.

Critical thinking as a habit

Critical thinking should become a skill that always works, not just at certain moments. What to do? Don't wait for a lesson in which you can apply new technology to develop critical thinking. Discuss the latest news, popular Facebook posts, and more with students. Not enough time? Encourage children to talk about these topics with each other and even at home (in this case, it is worth talking about the benefits of critical thinking at regular parent meetings, perhaps even using a few tricks).

We are talking about the benefits

Critical thinking is cool and necessary. We all know this, this is a truth that is inviolable ... Does it just seem that way? In fact, what is obvious to you and me will not necessarily be clear to students. What will happen if children do

not master the basics of critical thinking? Maybe you can live without it? Of course, it is possible, but explain to students that critical thinking is the skill of a successful person of the XXI century, who confidently responds to today's challenges, thinks creatively, is able to find common ground with others and makes the right decisions. Tell us which of the famous people promote the ability to think critically. Give an example!

We discuss and discuss again

And we don't just share our thoughts, we discuss! Discussion and debate are incredibly useful formats of communication that allow you to look at the problem in a new way. And this format is interesting for its versatility, because you have the opportunity to discuss any topic. For example, environmental. Invite students to think about this problem: "Should natural materials be replaced with synthetic ones?"

And it's not just about critical thinking skills, it's also about analyzing the current environmental situation, about scientific facts (and are they all really proven?) And about the development of communication skills.

We read more

A person who reads a lot is not so easy to mislead. Of course, you should read not only the Instagram or Facebook feed, but not only fiction. Offer students analytical materials (this will work better with high school and high school students) or even popular science literature. Have you read? Perfectly!

It is time to draw

conclusions and discuss statements based on the material read. Other students have to either confirm or refute the information using the acquired knowledge. You can secretly ask one of the students to make an unequivocally false statement - it will confuse others and force them to choose the evidence more carefully.

We play games

Games perfectly develop critical thinking. Of course, not all and not always. It is unlikely that the usual "shooter" will help us in this, but logic games, quests and chess - just what we need! After all, in order to win, the player must consider several alternative scenarios and decide which step will be right and which - wrong.

In general, try to treat critical thinking as a game. Ask students questions that will make them look for alternatives, but without undue pathos. For this purpose some receptions of development of critical thinking, for example, Six hats, Press conference, Talk shows are perfectly suitable. It is the format of the game that allows you to talk about something important in a relaxed way.

And what strategies do you use to develop critical thinking? And how do you develop students' critical thinking in English lessons? After all, critical thinking is an important skill of

modern man. Especially now, when the information space is full of unreliable and manipulative information. Therefore, it is important to teach students to make conscious choices based not on blind trust but on critical analysis of sources.





SHAHSONS

"Annual Sports Day at Pak-Turk Maarif international schools and colleges-Rawalpindi Campus"

The much-awaited Annual Sports Day was held Thursday 23rd December, with great zeal, excitement, and a frolicsome atmosphere. The programme began with the name of Allah the Almighty and then the impressive March Past of the students. The students entered into the spirit of the occasion grandly with the oath being administered by the Muaz Khan. An energizing equestrian display set the tone for the rest of the event. The students displayed Karate, gymnastics, Zumba, and PT display enchanting the audience with their energetic performances. The chief guest Mr. Col. R. Naushad Ali addressed and kept all the tiring endeavors of all staff members in high regard and distributed prizes among the position holders. We hope to see such healthy competing programmes in near future too.



Red
JUMBO WAX CRAYON

JUMBO CRAYON

Goldfish®

www.shahsons.com



SHAHSONS



GRIP

PICASSO®

www.shahsons.com

Middle School Bilingual Declamation Contest 2021

Middle School Bilingual Declamation Contest 2021 was held at SOAR DHA EME Campus, Lahore. Various schools of Lahore participated in the public speaking event. In which students from different schools showed the best talent in this speaking event by choosing different topics and won the prizes also .

1st Prize for English went to Beaconhouse Canal Side Campus, Lahore.
1st Prize for Urdu went to The City School, Ravi Campus, Lahore.

The TEAMS TROPHY was awarded to The City School, Ravi Campus, Lahore for their outstanding performance in the contest.



Annual Result Day celebrations at LAPS

LAPS always focused on providing top quality education to LAPSANS. On 12th of January 2022 annual result was held in all LAPS campuses. It was result day along with PTM. Parents visited the campuses and received result and performance shields of their children. It was a day of pride for parents and for the LAPS Management. CEO LAPS Mr. Amjad Hussain Baig and her wife who is Academic Director of LAPS Mrs. Bushra Amjad personally visited all campuses on result day to make it a great success.



Red
JUMBO WAX CRAYON

JUMBO CRAYON

Goldfish®

www.shahsons.com

PRINT PALS: THEN AND NOW

A collaborative project between Cowasjee Print Studio, NCA and Slade School of Fine Art, London. Portfolio launch ceremony happened at the ZahoorulAkhlq Gallery, National College of Arts Lahore, Pakistan.



MARKER

PICASSO®

www.shahnsons.com

STUDY AROUND THE GLOBE



The Most Reliable Students Consultancy Firm Since 2002.
Experienced & Seasoned Team of Professionals.
Free Comprehensive Eligibility Assessment

CANADA	USA	U.A.E
CYPRUS	GERMANY	UK
MALAYSIA	CHINA	SPAIN
IRELAND	SWITZERLAND	ITALY
AUSTRALIA	NETHERLANDS	SWEDEN

Diploma / Under & Post Graduate / Ph.D

Eligibility:

- Minimum Qualification Matric / O Level
- Apply with & Without IELTS*
- Work allowed during studies
- Post Study Work
- Route to permanent residency

* For selected countries

British Council
Approved IELTS
Test Registration Centre

IELTS
@ **HIGHBROW**

AEO Pakistan
Approved IELTS
Test Registration Centre

UAN: 0304-1111-553, TEL: 042-36600066
57-Commercial Area, Cavalary Ground, Lahore Cantt

e info@highbrow.com.pk **w** www.highbrow.com.pk **f** highbrowinternational

NATIVE SCHOOLS

NATIONWIDE

FRANCHISE CALL

& CONVERT YOUR EXISTING SCHOOL

SINCE 1981



NATIVE SCHOOLS



JOIN TODAY!

TO BECOME OUR BUSINESS PARTNER
OWN A SECURE & SUCCESSFUL BUSINESS VENTURE

OUR SERVICES
& SUPPORT

NETWORK OF 40+ BRANCHES ALL OVER PAKISTAN
AND GROWING

- Conceptual Method of Studies & complete Planning
- Activities based learning
- Media Coverage & Marketing Assistance
- Chinese Language Program
- Centralized Examination System
- Grooming Activities
- Career Counseling and Character Building
- Special Focus on Sports & Extra Co-Curricular
- Regular Quality Assurance Surveys
- Online School Management System
- Regular Training and Supervision

 native.edu.pk